



By Nadine Mellor

There are plenty of reasons why Portugal is such a terrific choice for your next family holiday. Here are 10 of the best.

That coastline

hotel and hip hideaway experts at i-escape.

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With over 800km of stunning coastline including sandstone cliffs, secret caves and picture-perfect coves, plus more than 100 beaches (many of them blissfully under-visited and extremely long!) **Portugal**



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Silver Coast (40 minutes from Lisbon) and comes with a heated infinity pool, skate park, kids yoga, bike rental and surf school.

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Time and again Portugal tops the charts for value. We agree. Food, transport and sights are all sensibly priced, and there are plenty of well-priced hotels that should meet your budget.

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famed custard tarts (*pasteis de nata*). The seafood is fresh as a daisy – no surprise with more than 800km of coastline! – and check out the national dish *bacalhau* (salted codfish) which comes in a variety of ways depending on where you are in the country. The best part? Food as a whole is marvellously well-priced.

For a fabulous gastronomic experience stay at Alentejo wine hotel **Torre de Palma**. This design hotel has striking artful interiors, enchanting family rooms, heated pools and a gourmet restaurant with child-friendly meals. There's horse riding, too!

The climate



Considered to have one of the best weather patterns in Europe, Portugal enjoys mild winters along the coast where temperatures rarely drop below 5°C. Conversely, hot summers are kept from being stifling

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superb hiking) by staying at great value bolthole Casas da Levada, a collection of rustic houses in apple orchards with friendly farm animals and a kids pool.

The outdoor adventure



With all this great weather and scenery, no wonder Portugal draws in families seeking outdoor action. Great activities to get stuck into include hiking, biking, paddle-boarding, horse-riding, golf, swimming,



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